



"A Bridge to Wholeness"



Character Honesty Appreciation Morals Perseverance Service
CHAMPS is a youth character development & creative arts program that is designed to enrich each homeless and/or at-risk youth with the qualities they need to become successful individuals of society and produce product to add to NHI revenue.

Three segments of C.H.A.M.P.S.

- **Youth Development & Mentoring Program** - The purpose of our Youth Development program is to equip youth with the necessary skills needed to help them develop character and succeed in life. Additionally, our mentoring program provides youth with the positive one-on-one support that is needed to help them achieve purpose in their life, doubles tutoring for those needing help with school work, and fosters an environment that teaches children how appropriate & positive adult & child relationships are formed.
- **Career LifeWork Plan** –The purpose is for children to meet one-on-one with a social work intern to create and review goals for their Career LifeWork Plan.
- **Creative Arts Program**-The purpose is to expose and engage the children & moms in a variety of Arts genres while creating products & performances to generate additional revenue for NHI.

CHAMPS Schedule 2015-2016

October 1, 2015: Meet and Greet Party

BREAKING THE ICE AND BUILDING RELATIONSHIPS will consist of having all youth and volunteers involved in the program to gather for a night of fun and activities. One purpose is for the youth to become comfortable with the volunteers/mentors and have the mentors meet their mentee. The children will also take pre-assessments to determine program effectiveness and do any prep work for activities throughout the semester.

May 12, 2015: End of the Year Party

Celebrating Progress will consist of having all youth and volunteers involved in the program to gather for a night of fun and activities. One purpose is for the youth to see all the progress they've made throughout the year and reflect on what they have learned. The children will also take post-assessments to determine program effectiveness and wrap up any loose ends from the year.

C.H.A.M.P.S. Sessions

MONDAYS—GROUP SESSIONS & CREATIVE ARTS ACTIVITIES

TUESDAYS—INDIVIDUAL & CREATIVE ARTS ACTIVITIES

**THURSDAYS—CHARACTER DEVELOPMENT MINI-LESSONS &
CREATIVE ARTS ACTIVITIES**

SATURDAY—EVENTS AND/OR UTING (NOT FINAL)

Every Monday, Tues, & Thurs from October 5 to Nov. 16th

Oct 1 – Meet and Greet
Party

Oct 8 – Intro into
Character/Trustworthiness

Oct 15 –
Respect/Confidence/Self-
esteem (IE – Respect for
Self and Others)

Oct 22 – Responsibility and
Priorities

Oct 29 – Fairness and
Diversity

Nov 5 – Caring and Anti-
Bullying

Nov 12– Citizenship and
Political Awareness

Nov 19 – Semester Wrap

1 Jan 14 – Goal Setting

2 MON: MLK DAY Jan 21 –
Exploring School (School
Fair)

3 Jan 28 – Exploring
Careers (Career Fair)

4 Feb 4 – Black History
Month Education and
Activities

5 Feb 11 – Money
Management

Every Monday, Tues, & Thurs from Jan 11 to May 9th

6 MON: President's DAY
Feb 18 – Celebrating
Military (Veteran's Project)
7 EXAM WEEK Feb 25 –
Entrepreneurship
8 Mar 3 – DARE – Drugs
and Violence
9 Mar 10- Reviewing
Goals, Money,
Entrepreneurship

10 Mar 17 – Seeds 2 Table
11 Mar 24 – Eating
Healthy
12 Mar 31 – Exercise
Apr 7 – SPRING BREAK
13 Apr 14- Responsible
Living (Recycling)
14 Apr 21 – Food &
Exercise

15 Apr 28 – Life in
someone else's shoes
16 May 5- Community
Service (Helping the
Elderly)
May 12 – End of Year Party



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